

# LOLA BURMEISTER

N4005 County Road A, Oxford, WI 53952 / 608.586.5954 / lolaburmeister@hotmail.com

---

## EDUCATION

**Doctor of Acupuncture and Biomedicine** 2020

*Pacific College of San Diego, CA*

Research: Supervised research presenting alternative options for children with Autism

Relevant Courses: Clinical Research Design and Statistics, Advanced Integrative Diagnosis, Integrative Case Management, and Clinical Counseling

**Master of Science, East Asian Medicine** 2014

*Five Branches University, Santa Cruz, CA*

(with transferred credits from Pacific College in San Diego, CA)

Relevant Courses: Pediatrics, Research and Strategies, Professional Ethics, Public Health and Epidemiology, Psychology and Counseling, Internal Medicine, Advanced Case Management

**International Doula Certification and Practicum** 2009

*UC San Diego Hearts and Hands*

**Bachelor of Science, Human Development and Family Studies** 2004

*University of Wisconsin Madison, WI*

## WORK EXPERIENCE

**Chief Executive Director** 2018 – Present

*Drops of Kindness Inc., Oxford, WI*

- Received patient referrals from Marquette County Social Services
- Observed, counseled and treated patients with mental health concerns
- Directed patients to appropriate resource and referral centers
- Maintained integrated case management

**Business Owner** 2018 – Present

*Nature Nook Cabin, Oxford, WI*

- Arrange financing
- Hire staff
- Review sales and outcomes
- Manage marketing and outreach

**Licensed Acupuncturist** 2015 – Present

*One Well Acupuncture Clinic, Oxford, WI*

- Provide clinical acupuncture services after comprehensive intake and diagnosis in private practice clinic
- Implement treatment plan and assess patient outcomes for continuum of care or referral for integrated case management
- Prescribe herbal formulas and dietary therapy where necessary

**Doula** 2009 – Present

*Self-employed, San Diego, CA, Santa Cruz, CA, and Madison, WI*

- Provide one-on-one support for women and their partners during childbirth, collaborate with nurses, midwives and physicians
- Assist in pain management using re-positioning, acupressure, or acupuncture
- Provide lactation support, postpartum care and pediatric care

**Senior Intern** 2012 – 2014

*Mental Health Client Action Network (MHCAN), Santa Cruz, CA*

- Diagnosed imbalances and advised on issues such as food therapy, herbal interventions, and supplements to improve daily living

**Bilingual Inclusion Specialist** 2006 – 2008

*Santa Barbara Family Care Center, Santa Barbara, CA*

- Assessed needs of families and children through sensitive interviewing
- Assisted educators and care providers to adapt environments and curriculum to include all students equally
- Provided resource and referrals based on presentation of the family and desired goals and future projected outcomes

**Elementary School Teacher** 2005

*Harding Elementary, Santa Barbara, CA*

- Listened to student concerns about academic, emotional or social problems
- Used strength-based approach to support resilience and focus outcome-based mediation
- Mediated student/teacher and teacher/parent relationships in conflict
- Connected families and children with area resources and referral options.

**Youth Counselor, Group Leader** 2004 – 2005

*Briar Patch Shelter, Madison, WI*

- Provided mediation for multicultural children and families in crisis
- Employed areas of behavioral psychology and solution-focused questioning to draft collective goals of care
- Lead group activities for "care net"; a multicultural and inclusive response to social wellness

## AWARDS & HONORS

Grants: Fellowship

## RESEARCH / TEACHING EXPERIENCE

**Qi Gong Sensory Training Institute** 2015 – 2019  
Taught families and care providers Medical Qi Gong to assist in the development of sensory integration for people with Autism. Collected case studies and coded outcomes for post-doctoral research.

**Healing with Seasonal Foods, Marquette County Cooperative** 2018  
Open lecture series advising medicinal eating throughout the year to maintain maximum health.

**University of Wisconsin–Botany Hall, Guest Lecturer** 2016  
Taught lecture series on biomedicine and the healing arts.

**Allen Centennial Gardens, UW Madison Campus** 2016  
Guest lecturer on healing botanical oils for topical and internal use. Consultant for healing plant exhibit.

**McFarland Family Wellness Center in McFarland, Wisconsin** January, 2015  
Taught courses related to Autism, ADHD, and allergies.

## COMMUNITY INVOLVEMENT

**Marquette County Board of Health Advisory Council** 2019 – Present  
Represent medical perspective and citizens concerns to maintain and preserve the health of Marquette County, Wisconsin.

**Executive Vice President, Board of Directors for Drops of Kindness, Inc.** 2015  
Advise council on best practice for program development and community outreach for the development of community center and clinic.

**Volunteer, Siena House Maternity Home in Santa Cruz, California** September, 2013  
Began a program to teach mothers how to use areas of East Asian medicine to keep their children healthy.

## PUBLICATIONS

Autism: A Traditional Chinese Perspective. *MayWay*, San Francisco, CA. June 2015.  
<http://www.mayway.com/mayway-mailers/>

Teaching Children to Breathe Easier. *Natural Awakenings Magazine/South Central Edition*.  
August 2015, page 27.