

LOLA BURMEISTER

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EDUCATION

Doctor of Acupuncture and Biomedicine 2020

Pacific College of San Diego, CA

Research: Supervised research presenting alternative options for children with Autism

Relevant Courses: Clinical Research Design and Statistics, Advanced Integrative Diagnosis, Integrative Case Management and Advanced Clinical Counseling

Practicum: University of Wisconsin at Madison- Family Medicine and Community Health

Master of Science, East Asian Medicine 2014

Five Branches University, Santa Cruz, CA

(transferred credits from Pacific College in San Diego, CA)

Relevant Courses: Pediatrics, Research and Strategies, Professional Ethics, Public Health and Epidemiology, Advanced Psychology and Counseling, Internal Medicine, Advanced Case Management

International Doula Certification and Practicum 2009

UC San Diego Hearts and Hands

Bachelor of Science, Human Development and Family Studies 2005

University of Wisconsin Madison, WI

WORK EXPERIENCE

Founder and Chief Executive Director (501c3) 2018 –

Present

Drops of Kindness Inc., Oxford, WI

- Receive patient referrals from Marquette County Social Services
- Observe, counsel and treat patients with mental health concerns
- Teach lecture series on aspects of self-care
- Direct patients to appropriate resource and referral centers
- Maintain integrated case management
- Secure funding bodies for new and existing programs
- Maintain community outreach and marketing management team

Owner, Director and Lead Instructor

2018 – Present

Nature Nook Healing Retreats, Oxford, WI

- Teach on the history of medicine and biomedical alternatives to diverse populations
- Recruit, interview and hire staff
- Review sales and outcomes for policy modification
- Manage marketing and outreach team

Pediatric Specialist, Doctor of Acupuncture

2015 – Present

One Well Acupuncture Clinic, Madison, Oxford and Stevens Point, WI

- Counsel patients on areas of concern with mental, emotional and spiritual health
- Provide care plan including clinical acupuncture services after comprehensive intake and diagnosis in private practice clinics
- Implement treatment plan and assess patient outcomes by integrated case management with patient doctor/pediatrician, therapist or midwife.
- Prescribe herbal formulas and dietary therapy

Doula

2009 – Present

Self-employed, San Diego, CA, Santa Cruz, CA, and Madison, WI

- Counsel family on practices in gestation, during birth and postpartum for optimum family bonding
- Provide one-on-one support for women and their partners during childbirth, collaborate with nurses, midwives and physicians

- Assist in pain management using re-positioning, acupressure, or acupuncture
- Provide lactation support, postpartum care and pediatric care

Senior Intern, Fellowship

2012 – 2014

Mental Health Client Action Network (MHCAN), Santa Cruz, CA

- Counseled patients on self-care for their mental and physical health
- Diagnosed imbalances and advised on issues of daily practice, exercise therapy, herbal interventions, and supplements to improve well-being.

Bilingual Inclusion Specialist

2006 – 2008

Santa Barbara Family Care Center, Santa Barbara, CA

- Counseled and advised families through the process of diagnosis for their child
- Assessed needs of families and children through sensitive interviewing
- Provided resource and referrals based on presentation of the family and the desired future outcomes
- Assisted educators and care providers to adapt environments and curriculum to include all students equally
- Held county-wide trainings for educators and care providers
- Lectured at area conferences and invited talks regarding inclusion and access to education for all
- Advocated for child and family rights, attended IEP meetings and doctor’s visits as family advocate

Elementary School Counselor

2005

Harding Elementary, Santa Barbara, CA

- Listened to student concerns about academic, emotional or social concerns
- Used strength-based approach to support resilience and outcome-based mediation
- Mediated student/teacher and teacher/parent relationships
- Connected families and children with area resource and referral options.

Youth Counselor, Group Leader

2004 – 2005

Briar Patch Shelter, Madison, WI

- Counseled multicultural, LGBTQ-Plus youth regarding family and social concerns
- Taught group lessons on coping strategies for stress

- Provided mediation for multicultural children and families in crisis
- Employed areas of behavioral psychology and solution-focused questioning to draft collective goals of care
- Lead group activities for "care net"; a multicultural and inclusive response to social discord

AWARDS & HONORS

\$10,000 grant award for telemedicine equipment by the state of Wisconsin

\$1000 scholarship award from MayWay San Francisco for thesis paper [Helping Children with Autism, A Chinese Medical Perspective](#)

RESEARCH / TEACHING EXPERIENCE

Qi Gong Sensory Training Institute, Trainer

2015 – 2019

Taught families and care providers Medical Qi Gong to assist in the development of sensory integration for people with Autism. Collected case studies and coded outcomes for post-doctoral research.

Healing Thyself, Marquette County Cooperative

2018

Taught open lecture series advising daily practice to obtain maximum health.

University of Wisconsin-Botany Hall, Lecturer

2016

Taught lecture series on biomedicine and the healing arts for medical students.

Allen Centennial Gardens, UW Madison Campus

2016

Guest lecturer for healing botanicals for topical and internal use. Consultant for healing plant exhibits at the centennial garden.

McFarland Family Wellness Center in McFarland, Wisconsin

January, 2015

Taught courses related to Autism, ADHD, and allergies and family medicine.

COMMUNITY INVOLVEMENT

Marquette County Board of Health Advisory Council

2019 – Present

Represent medical perspective and citizen concerns to maintain and preserve the health of Marquette County, Wisconsin.

Executive Vice President, Board of Directors for Drops of Kindness, Inc. 2015

Advise council on best practice for program development and community outreach for the development of community center and clinic.

Volunteer, Siena House Maternity Home in Santa Cruz, California 2013

Began a program to inform mothers how to use areas of home-medicine to keep their children healthy.

PUBLICATIONS

Helping Children with Autism, A Traditional Chinese Perspective. MayWay, San Francisco, CA. June 2015. <http://www.mayway.com/mayway-mailers/>

Teaching Children to Breathe Easier. Natural Awakenings Magazine/South Central Edition. August 2015, page 27.