

LOLA BURMEISTER

Doctor of Acupuncture and Biomedicine

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🔗 www.dropsofkindness.net

Professional Summary

Doctor of Acupuncture and Biomedicine with a background of Bachelor of Science in Human Development from UW Madison. Doula, childbirth educator, and lactation consultant, Master and doctor of Traditional Chinese Medicine. Currently dissertating PhD in Infant Mental Health and modern birth practices.

Educations

2025

PhD in Infant and Early Childhood Development

Fielding Graduate University, Santa Barbara, CA

2020

Doctor of Acupuncture and Biomedicine

Pacific College of San Diego, CA

2014

Master of Science, East Asian Medicine

Five Branches University, Santa Cruz, CA

2009

International Doula Certification and Practicum

UC San Diego Hearts and Hands

2004

Bachelor of Science, Human Development and Family Studies

University of Wisconsin Madison, WI

Work Experiences

Founder and Chief Executive Director

2017 – Present

Drops of Kindness Inc., Oxford, WI

- Received patient referrals from Marquette County Social Services
- Observed, counseled and treated patients with mental health concerns
- Directed patients to appropriate resource and referral centers
- Maintained integrated case management

Licensed Acupuncturist

2015 – Present

One Well Acupuncture Clinic, Oxford, WI

- Provide clinical acupuncture services after comprehensive intake and diagnosis in private practice clinic
- Implement treatment plan and assess patient outcomes for continuum of care or referral for integrated case management
- Prescribe herbal formulas and dietary therapy where necessary

Doula

2009 – Present

Self-employed, San Diego, CA, Santa Cruz, CA, and Madison, WI

- Provide one-on-one support for women and their partners during childbirth, collaborate with nurses, midwives and physicians
- Assist in pain management using re-positioning, acupressure, or acupuncture
- Provide lactation support, postpartum care and pediatric care

Senior Intern

2012 – 2014

Mental Health Client Action Network (MHCAN), Santa Cruz, CA

- Diagnosed imbalances and advised on issues such as food therapy, herbal interventions, and supplements to improve daily living
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Awards and Honors

\$10,000 grant award for telemedicine equipment by the state of Wisconsin

\$1000 scholarship award from MayWay San Francisco for thesis paper *Helping Children with Autism, A Chinese Medical Perspective*

Publications

"Autism: A Traditional Chinese Perspective."
MayWay, San Francisco, CA. June 2024.
<http://www.mayway.com/mayway-mailers/>

"TCM Support for Children with ADHD" *MayWay*, San Francisco, CA. August 2024.
<https://www.mayway.com/articles/tcm-support-for-children-with-adhd>

Teaching Children to Breathe Easier.
Natural Awakenings Magazine/South Central Edition. August 2015, page 27.

Work Experiences

Elementary School Counselor 2007

Cesar Chavez elementary Santa Barbara, CA

- Listened to student concerns about academic, emotional or social problems
- Used strength-based approach to support resilience and outcome-based mediation
- Mediated student/teacher and teacher/parent relationships
- Connected families and children with area resource and referral options.

Bilingual Inclusion Specialist 2006 – 2007

Santa Barbara Family Care Center, Santa Barbara, CA

- Assessed needs of families and children through sensitive interviewing
- Assisted educators and care providers to adapt environments and curriculum to include all students equally
- Provided resource and referrals based on presentation of the family and desired goals and future projected outcomes

Student Teaching 2005

YMCA Madison, WI

- Taught adaptive swim class for students with developmental disorder (Lifeguard, 1998)
- Performed one on one assessment

Pediatric Counselor 2004 – 2005

Briar Patch Family Crisis Center, Madison, WI

- Completed 200 hours of crisis intervention counseling
- Counseled teens with runaway risk to reunite with their family
- Answered 24-hour crisis phone line

Research and Teaching Experiences

Qi Gong Sensory Training Institute 2015 – 2019

Taught families and care providers Medical Qi Gong to assist in the development of sensory integration for people with Autism. Collected case studies and coded outcomes for post-doctoral research.

Healing with Seasonal Foods, Marquette County Cooperative 2018

Open lecture series advising medicinal eating throughout the year to maintain maximum health.

Research and Teaching Experiences

University of Wisconsin-Botany Hall, Guest Lecturer 2016

Taught lecture series on biomedicine and the healing arts.

Allen Centennial Gardens, UW Madison Campus 2016

Guest lecturer on healing botanical oils for topical and internal use.
Consultant for healing plant exhibit.

**McFarland Family Wellness Center
in McFarland, Wisconsin** 2015

Taught courses related to Autism, ADHD, and allergies.

Community Involvement

**Marquette County Board of Health
Advisory Council** 2019 – 2021

Represent medical perspective and citizen concerns to maintain and preserve the health of Marquette County, Wisconsin.

**Executive Vice President, Board of Directors for
Drops of Kindness, Inc.** 2015 – Present

Advise council on best practice for program development and community outreach for the development of community center and clinic.

**Volunteer, Siena House Maternity Home
in Santa Cruz, California** 2013

Began a program to inform mothers how to use areas of home-medicine to keep their children healthy.

**Sienna House Pregnancy and early motherhood care
in Santa Cruz, California** 2012

Taught new parents natural remedies for birthing and child rearing as a Volunteer Parent Educator.
